

## U of A Ringette Summer Camp Schedule

Participants will be divided into their respective age and skill levels:

- **Novice**
- **Petite**
- **Tween/Junior**

### MONDAY

<b>Time</b>	<b>On-Ice Training</b>	<b>Power Skating</b>	<b>Off-Ice Ringette Skill Development</b>	<b>Player Development</b>
9:00 10:00	<b>Novice</b>		<b>Petite</b>	<b>Tween/Junior</b>
10:00 11:00	<b>Petite</b>		<b>Novice</b>	
11:00 12:00	<b>Tween/Junior</b>			
12:00 1:00				<b>Petite</b>
1:00 2:00		<b>Novice</b>	<b>Tween/Junior</b>	<b>Petite</b>
2:00 3:00		<b>Petite</b>	<b>Tween/Junior</b>	<b>Novice</b>
3:00 4:00		<b>Tween/Junior</b>	<b>Petite</b>	<b>Novice</b>

## TUESDAY

<b>Time</b>	<b>On-Ice Training</b>	<b>Power Skating</b>	<b>Off-Ice Ringette Skill Development</b>	<b>Player Development</b>
9:00 10:00	<b>Tween/Junior</b>		<b>Novice</b>	<b>Petite</b>
10:00 11:00	<b>Novice</b>		<b>Tween/Junior</b>	
11:00 12:00	<b>Petite</b>			
12:00 1:00				<b>Novice</b>
1:00 2:00		<b>Tween/Junior</b>	<b>Petite</b>	
2:00 3:00		<b>Novice</b>		<b>Tween/Junior</b>
3:00 4:00		<b>Petite</b>	<b>Novice</b>	

**WEDNESDAY**

<b>Time</b>	<b>On-Ice Training</b>	<b>Power Skating</b>	<b>Off-Ice Ringette Skill Development</b>	<b>Player Development</b>
9:00 10:00	<b>Petite</b>		<b>Tween/Junior</b>	<b>Novice</b>
10:00 11:00	<b>Tween/Junior</b>		<b>Petite</b>	
11:00 12:00	<b>Novice</b>			
12:00 1:00				<b>Tween/Junior</b>
1:00 2:00		<b>Petite</b>	<b>Novice</b>	
2:00 3:00		<b>Tween/Junior</b>		<b>Petite</b>
3:00 4:00		<b>Novice</b>	<b>Tween/Junior</b>	

**THURSDAY**

<b>Time</b>	<b>On-Ice Training</b>	<b>Scrimmage</b>	<b>Off-Ice Ringette Skill Development</b>	<b>Player Development</b>
9:00 10:00	<b>Novice</b>		<b>Petite</b>	<b>Tween/Junior</b>
10:00 11:00	<b>Petite</b>		<b>Novice</b>	
11:00 12:00	<b>Tween/Junior</b>			
12:00 1:00				<b>Petite *Special Event</b>
1:00 2:00		<b>Novice</b>	<b>Tween/Junior *Special Event</b>	
2:00 3:00		<b>Petite</b>		
3:00 4:00		<b>Tween/Junior</b>	<b>Petite</b>	<b>Novice *Special Event</b>

**FRIDAY**

<b>Time</b>	<b>On-Ice Training</b>	<b>Scrimmage</b>	<b>Off-Ice Ringette Skill Development</b>	<b>Player Development</b>
9:00 10:00	<b>Novice</b>		<b>Petite</b>	<b>Tween/Junior</b>
10:00 11:00	<b>Petite</b>		<b>Novice</b>	
11:00 12:00	<b>Tween/Junior</b>			
12:00 1:00				<b>Petite</b>
1:00 2:00		<b>Novice</b>	<b>Tween/Junior</b>	
2:00 3:00		<b>Petite</b>		<b>Novice</b>
3:00 4:00		<b>Tween/Junior</b>	<b>Petite</b>	